



2026 VOLUNTEER OPPORTUNITIES

“...where people grow strong in the Lord.” Ephesians 6:10

Volunteering is more than lending a hand—it’s choosing to step into people’s lives with compassion, consistency, and faith. When you mentor a child, coach a team, serve a meal, or simply show up, you help create safe spaces where people grow strong in the Lord—including yourself. Hope takes root, and lives are transformed.



Enhancing Trust

<https://bit.ly/LGMrating>

"Where People Grow Strong in the Lord" Eph. 6:10

VISION

Transforming lives by changing individuals, families, neighborhoods, and generations for the glory of God.

MISSION

GO to people in need in Greater Cincinnati neighborhoods.

CREATE safe places.

DEMONSTRATE God's love in practical ways.

DECLARE the Gospel in the power of the Holy Spirit.

DEVELOP disciples of Jesus Christ.

ENCOURAGE self-responsibility.

FOUNDATION

Lord's Gym Ministries, borne of the Foundation of Compassionate American Samaritans (FOCAS), est. in 1986, began in 1993 Serving in the urban core of Greater Cincinnati transforming lives and seeing people grow strong in the Lord.



VOLUNTEER GUIDE 2026

LORD'S GYM MINISTRIES

| *"Serve one another humbly in love." Galatians 5:13*

WELCOME

Thank you for your interest in serving with Lord's Gym Ministries. Volunteers are essential to the work God is doing through our programs—walking alongside children, teens, and adults with compassion, consistency, and care.

IMPORTANT NOTICE

For the safety and well-being of those we serve, all volunteers working with children and youth are required to pass a background check prior to serving. This helps us maintain a safe, trustworthy, and caring environment for every child, teen, and family involved in Lord's Gym Ministries.

LEARNING CENTER VOLUNTEER OPPORTUNITIES

| *"Train up a child in the way he should go; even when he is old he will not depart from it." Proverbs 22:6*

PROGRAM PURPOSE

Our after-school program supports children academically, spiritually, and socially. Volunteers partner with staff, parents, and teachers to help students stay on track academically while also growing in their faith and social-emotional skills. We emphasize respectful communication, emotional regulation, and creating a safe, welcoming environment where every child feels valued.

OPPORTUNITIES AVAILABLE

Cleaning & Space Preparation

Days: Tuesday–Thursday

Time: 2–3 p.m.

Duties:

- Clean and reset the space following adult programming
- Ensure the environment is safe and welcoming for children

Pre-Homework Engagement

Days: Tuesday–Thursday

Time: 3–4 p.m.

Duties:

- Spend time with children before homework begins
- Play games, talk, and build relationships while waiting for dinner

Tutoring & Homework Support

Days: Tuesday–Thursday

Time: 4-6 p.m.

Duties:

- Assist with homework
- Provide extra support in specific academic areas

Play & Mentor

Days: Tuesday–Thursday

Time: 4-6 p.m.

Duties:

- Engage children in fun, structured activities
- Help build social-emotional skills through positive interaction

SUMMER PROGRAM VOLUNTEER OPPORTUNITIES

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.” Jeremiah 29:11

PROGRAM PURPOSE

Our summer program helps children experience the world beyond their neighborhood. Many of the youth we serve have limited exposure to new places and activities. Through outings and shared experiences, we encourage curiosity, joy, and hope—allowing kids to simply be kids.

OPPORTUNITIES AVAILABLE

Adventure Day Volunteer

Days: Tuesday–Thursday

Time: 1-6 p.m.

Duties:

- Supervise and engage children during outings
- Encourage safe play and positive behavior

Driver

Days: Tuesday–Thursday

Time: 1-6 p.m.

Duties:

- Transport youth to and from activities
- Use personal vehicle when van capacity is full
- Participate in outings alongside the group

PRICE HILL YOUTH ATHLETICS VOLUNTEER OPPORTUNITIES

“Whatever you do, work heartily, as for the Lord and not for men.” Colossians 3:23

PROGRAM PURPOSE

Price Hill Youth Athletics exists to provide a safe, encouraging, and values-driven environment where children and youth grow through sports. Using athletics as a tool, the program promotes teamwork, discipline, respect, and healthy competition while building confidence, character, and positive relationships. Our purpose goes beyond the game—creating pathways for youth to feel supported, develop life skills, and thrive both on and off the field.

OPPORTUNITIES AVAILABLE

SAY Soccer

Season: March 10 – May 17

Practices: Tuesday & Thursday, 6-7:30 p.m. (East Price Hill)

Games: One per weekend (mostly Saturdays; occasional Sundays after 1 p.m.)

Roles Needed:

- Head Coaches
- Assistant Coaches (must attend at least one practice per week)

After-School Youth Athletics Ministry

Grades: 2nd–3rd grade boys and girls

Dates: February 17 – May 14

Weekly Schedule:

- Monday: Oyler School Basketball | 3-5 p.m.
- Tuesday: Roberts & Oyler Running Club | 3:30-5 p.m.
- Wednesday: IDEA Price Hill Fitness & Team Games | 1:45-3:30 p.m.
- Thursday: Roberts Running Club | 3:30-5 p.m.

Ask:

- Work one-on-one with youth on sports fundamentals
- Participate in devotional and prayer time
- Commit to serving one consistent day per week

After-School Teen Athletics Ministry

Weightlifting Coach / Trainer

- Location: City Gospel Mission Gym (Dalton Ave)
- Days: Monday & Wednesday
- Time: 3:30 to 4:45 p.m.

Fitness Boxing Coach

- Location: LGM Family Activity Center
- Day: Tuesday
- Time: 3:30-4:45 p.m.

Open Gym Basketball Mentor

- Time / Day: To Be Determined

Teen MMA / BJJ Coach

- Day: Wednesday
- Time: 6:15–7:15 a.m.

Summer Sports School

A specialized sports training camp serving 24 youth (ages 6–11).

Days: Tuesday–Thursday

Time: 8:00 AM–3:30 PM

Roles

- Trainers
- Guest speakers throughout the summer

Teen Sports

Teen Basketball Coach (Summer League)

- Practices: 1–2 times per week (flexible)
- Games: Once per week (weekday evening or weekend)

Teen Weightlifting Coach

- Days and times flexible

Teen MMA / BJJ Coach

- Wednesday, 6:15-7:15 a.m.

STREET OUTREACH MINISTRY (STORM)

“The Spirit of the Lord is upon me... He has sent me to proclaim freedom for the captives.” Luke 4:18

PROGRAM PURPOSE

Christ-centered program of Lord's Gym Ministries that supports individuals navigating life's storms. Through mentoring relationships, peer support, and faith-based care, STORM provides a safe and encouraging environment where healing, growth, and spiritual renewal can take place. Volunteers play a vital role by walking alongside participants with compassion and consistency, helping them build resilience, restore hope, and move forward in God's strength.

OPPORTUNITIES AVAILABLE

Family Activity Center Volunteer

Location: 3428 Warsaw Ave., Price Hill

Days: Daily

Time: 9 a.m. to 1 p.m.

Duties

- Serve food and coffee
- Build relationships and meet with attendees (our friends)

STORM Bus Volunteer

Ministry Focus: Supporting women exiting sex trafficking alongside experienced staff.

Days:

- Tuesdays: 3 to 5 p.m.
- Fridays: 10:30 a.m. to 12:30 p.m.

Duties:

- Offer snacks and drinks
- Provide prayer and conversation
- Serve with compassion and care

READY TO STEP IN?

Scan the QR code to complete the Lord's Gym Ministries Volunteer Application and take the next step in serving others, growing in faith, and being part of what God is doing in our community. Your yes matters.





CONTACT US

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