



Serving Together,
The Impossible
Becomes Possible.

THANK YOU!



SERVING GREATER CINCINNATI TOGETHER

Why Lord's Gym Ministries?

Lamar, 10, was withdrawn. Disheartened by his circumstances he remained stunted spiritually, mentally, emotionally, and physically. His future bleak. Kids from broken homes, living in poverty and surrounded by violent crime are often trapped in a cycle of despair. Many grow up addicted to drugs, end up incarcerated or worse. Lamar's story, however, doesn't end here.

Fast-forward two years, things have taken a radical turn for Lamar. He is "growing strong in the Lord," as staff, volunteers and investors at Lord's Gym Ministries walk alongside him.

Lamar, now 12, has been an active member of our cycling, football, and basketball resiliency activities. He recently wrote in a thank you letter to a donor: "Thank you for your help. I learned to be a leader at Lord's Gym and to help people out in need. God bless you and have a good day."

Lamar is living proof that the vicious cycles of poverty, crime, and despair can be broken. Full of hope, his future is bright, and he is poised to make a great positive impact on his community – the world.

We continue to walk alongside him, doing life with him, watering the seed grown by the incredible love of Jesus. The results are tremendous growth of Lamar's whole being.

Our Youth Resiliency programming offers each of our young people a unique opportunity to learn and develop skills to remain steadfast against life's challenges. We've seen our youth become respectful of authority, succeed academically and develop emotionally and spiritually.

For 30 years, Lord's Gym Ministries of the Greater Cincinnati Tri-State Area, have experienced such radical change with many children and adults we serve. Strategically located in Cincinnati's Price Hill and Covington, KY, the ministry connects with about 30,000 people annually, with the hope to transform their lives for the glory of God.

Lord's Gym goes to those in need. We create safe places, where we demonstrate the Lord's love in practical ways. We boldly declare the Gospel in the power of the Holy Spirit and develop disciples of Jesus Christ when decisions are made by one's own free will. If no decision is made, we offer mentorship. Finally, we encourage self-responsibility.

We focus on spiritual, physical, educational, and social outcomes

categorized either by Spiritual Advancement or Life Advancement activities.

Through highly relational staff, volunteers, and partnerships with churches, businesses, and agencies, these three operations offer a long-term discipleship program designed to teach our most vulnerable men, women and youth values and principles to avoid destructive lifestyles. It is our goal to see them develop a personal relationship with Jesus Christ and worship at a church of their choice.

Just as the need for spiritual growth is at an all-time high, so are the basic needs of food, shelter, education, work, and encouraging relationships in Greater Cincinnati neighborhoods.

According to the data source nulight - in Price Hill:

- The income of nearly half of the households is below the national average.
- It has a poverty rate of 77.3 percent.
- Forty percent of adults in Price Hill do not have a high school diploma.
- The violent crime rate is 227 percent above the national average and
- The ravaging unemployment rate, 130 percent above the national average.
- In the Cincinnati Public School in the Price Hill area 100 percent of the students qualify for free and reduced lunch.

At our newly renovated 10,000-square-foot, Family Activity Center, in Price Hill, we reach at-risk youth and their parents/caregivers, encouraging them to become involved in healthy activities that promote positive life skills and resiliency. Through our mobile STreet OutReach Ministry, STORM, a 15-passenger mobile-unit, we bring food, prayers, encouragement, and relief to women working the streets, many trapped in human trafficking.

Across the river, in Covington, Kentucky:

- The poverty rate is 22.99 percent.
- Only 30.55 percent of the adults are high school graduates.
- The unemployment rate is 5.2 percent, the U.S. average is 6 percent.
- Covington has a crime rate that is higher than 90 percent of the state's cities and towns of all sizes.

Lord's Gym Ministries is uniquely fulfilling these needs by partnering with numerous organizations in Cincinnati to provide food, connect our friends with shelter, educational experiences, and work opportunities.

With the help of Kroger's and Cincinnati Children's Hospital, for example, we are addressing food insecurity for children and families living in Price Hill.

Our partnership with JobCenter, has afforded us the opportunity to help people on both sides of the river obtain gainful employment. Through our work with Celebrate Recovery, a Christian-based recovery program, we are seeing people overcome and remain free of their addictions. In Covington, we work closely with Urban Outreach and Welcome House to assist our friends.

To see a list of partnering churches and organizations visit www.LordsGymMinistries.org.

All of this work begins by connecting with our friends, first, on a personal level. We meet and love them where they are. We build relationships that encourage positive and responsible behaviors.

We invite you to partner with Lord's Gym Ministries of the Greater Cincinnati Tri-State Area with your time, talents, and treasures. As a next step, please make it a point to visit one of our locations to learn more and see how God might be directing you. Please visit www.LordsGymMinistries.org or call 513-621-5300.

