



All Church, in Blue Ash, has been a partner since 2019. They have provided more than 40,000 meals in Price Hill and have faithfully served during the Covid pandemic. According to MP Leek with All Church, they "are excited to serve and want to see Jesus proclaimed all over Cincinnati. We believe that God is generous with us and so we should be generous to others. Partnering with Lord's Gym has allowed us to live out the heart of God and drawn us closer to HIM in the process.

Consider a Financial Gift

You can make a difference. Fill out the form below and mail it to us or donate at www.LordsGymMinistries.org. Monthly support is greatly appreciated.

I would like to contribute to the following program(s):

☐ Lord's Gym ☐ Street Outreach Ministry
☐ Family Activity Center ☐ Table Host
☐ Corporate sponsor ☐ As needed

We accept major credit cards:

☐ Visa ☐ Master ☐ Disc. ☐ AmEx

Name on card _____

Expiration date: ____ Card #: _____

Sec. code: _____

☐ I'm interested in planned giving

☐ My company will match my donation

Email: _____

Make checks payable to:

Lord's Gym Ministries
P.O. Box 5099/Cincinnati, OH 45205
April/May/June 2021 Newsletter



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LordsGymMinistries.org
Info@LordsGymMinistries.org

Ph: 513-621-5300

P.O. Box 5099

Cincinnati, OH 45205

...grow strong in the Lord.:" Eph. 6:10



Our Vision Statement

Transformed lives changing individuals, families, neighborhoods, and generations for the glory of God.

1 Min. Devotional: Waiting

"Wait on the Lord; be of good courage, and He shall strengthen your heart; wait, I say, on the Lord!" Psalm 27:14

Waiting. It is such a hard thing. Whether it's for a job, a house, healing or for the love of your life. Whether at a stoplight, a moment's pause, a brief second... it's never easy.

During all our waiting we can find peace which surpasses all understanding. We can find happiness and be content. All we must do is turn to the Lord and trust Him. Lean on Him. Depend on His way. Wait on His timing. As we do this, we will learn things and receive blessings our hearts could never imagine.

What Brings You Hope?

That's what I'll be asking "America" as I travel cross country via bike this summer.

Webster's Dictionary defines hope in two ways. No. 1, "a feeling of expectation and desire for a certain thing to happen." Secondly, it defines hope as "a feeling of trust."

In Romans 15:13 – my mantra for this journey – Paul writes: "May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit."

Isn't that, as children of God, what our hope is about. That's something I've certainly learned these last 20 years in ministry at FOCAS. On this journey I'll be much in prayer, not only for you and this ministry, but also my next 20 years in ministry, if you will. I want to give the Lord a chance to speak to and prepare my heart for what He may have in store.

I also want to bring awareness to the Youth Resiliency Adventure (YRAdventure.com), which is pushing back on the devastation of addiction. This virtual athletic event is held in October to raise funds for addiction prevention programming targeting at-risk youth and young adults in our community. The goal is to bring hope to our youth and to stand by those who are so resilient in the battle against addiction.

You can follow me on my journey through my personal Facebook page (Facebook.com/scott.bowers.9693) or the FOCAS/Lord's Gym page. Jump on to LordsGymMinistries.org/blog/ for updates too. Stand firm. - Scott



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Join the #21n21 Challenge

This spring join the #21n21 challenge in preparation for the Youth Resiliency Adventure in October.

#21n21 is a virtual athletic challenge (much like the ALS Ice Bucket Challenge) where

you commit to walk, run, or bike 21 miles in 21 days now through Sept. 30 to raise awareness to the risk of addiction. Or donate \$21 to the cause. Then throw down the gauntlet to your friends and family, challenging

them to do their #21n21 or to make a donation in support of youth addiction programs in the Greater Cincinnati Tri-State Area.

For more information and donation links, visit YRAdventure.com.

Welcome to the Board Johnny

Johnny Alexander became involved with Lord's Gym Ministries through the youth bicycle program. He volunteered to repair bicycles with our youth.

"I immediately became interested in all the wonderful things the Lord's Gym is doing and I wanted to be involved," he said. "For me it's about a connection to the city and serving Christ in a meaningful way – helping out the people in our city who are hurting the most."



Johnny, 47, came to know Jesus in 1992, his freshman year at Miami University. He ran track and joined the Christian organization Athletes in Action, where he learned what life is like with a relationship with Jesus.

Excited to be a part of the board, Johnny hopes it will be an opportunity to continue growing in the Lord. He's also excited to "come along side others following Jesus who are working to change hearts and show others Jesus."