



**Summer 2019**

FOCAS-US.org

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Foundation of Compassionate

American Samaritans

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## Events & Service Opportunities

### Weekly youth bike ride

- Thursday afternoons. Locations vary.

### Price Hill Outreach

- Wednesdays

### Covington Lord's Gym Open Houses (5-6:30 p.m.)

- Summer - TBD
- Fall – TBD

### Community Awareness Breakfasts (7-8:30 a.m.)

- Wednesday, Sept. 18, Kenwood Country Club
- Thursday, Oct. 10, Sharonville Convention Center

### Volunteer Christmas Celebration: TBD

# Our Mission

**“...grow strong in the Lord...”  
Eph. 6:10**

**GO** to people in need in Greater Cincinnati neighborhoods.

**CREATE** safe places.

**DEMONSTRATE** God's love in practical ways.

**DECLARE** the Gospel in the power of the Holy Spirit.

**DEVELOP** disciples of Jesus Christ.

**ENCOURAGE** self-responsibility.

## Please Pray With Us

- Completion of construction and opening of Covington gym
- Renovation of the Family Activity Center in Price Hill
- More mentor and coaches for our friends
- Safety during summer activities
- Table hosts for Community Awareness Breakfasts

You can make a difference. Please consider donating to Lord's Gym Ministries to help us continue serving the Cincinnati and Covington communities. Fill out the form below and mail it back to us or donate online at [www.FOCAS-US.org](http://www.FOCAS-US.org). Monthly support is greatly appreciated. I would like to contribute to the following program(s):

\_\_\_ The Lord's Gym    \_\_\_ Street Outreach Ministry    \_\_\_ Family Activity Center

\_\_\_ Breakfast table host    \_\_\_ Event sponsor    \_\_\_ As needed

We accept major credit cards: \_\_\_ Visa    \_\_\_ MasterCard    \_\_\_ Disc.    \_\_\_ American Express

Name on card: \_\_\_\_\_ Expiration date: \_\_\_\_\_

Card number: \_\_\_\_\_ Security code: \_\_\_\_\_

\_\_\_ I'm interested in planned giving    \_\_\_ My company will match my donation

Please make checks payable to

FOCAS

Mail to: P.O. Box 5099, Cincinnati, OH 45205

Email address: \_\_\_\_\_

## Get Moving on the 'Buzz'

The “buzz” I was feeling reminded me why it is important to pay attention to what our body is telling us.

In my case however, the buzz was coming from my smart watch – literally. I looked down at it, and the text read, “Move.” So, I got up, and walked around the gym. My watch was satisfied – for now!

God’s Word is equally direct – “Serve one another”. It’s the third component of our mission statement and mentioned in Gal. 5:13 and I Peter 4:10.

Let me encourage you and your church to consider using your gifting to serve with us in one of our four locations, one of which is mobile. Together, our partnership will impact the tri-state for the kingdom of God. Stand firm.

-Scott



Scott Bowers  
Executive Director

## Children Are Dying in Price Hill, Let’s Work Together to Stop It

Cameron was 14. He was a son, a friend. Just a kid, gunned down, his life taken too soon.

This incident shook the Price Hill community just a short while ago.

“Everyone knew him,” said his cousin Alan. “He was a good kid. It shouldn’t have

happened. No one deserves to die that young.”

With a pause and blank stare Alan continues: “Things are different in Price Hill. That’s just how things go sometimes.”

That’s a chilling statement from a young man just four years older than

Cameron. His statement, however, is proof that something has to change now.

Children are dying in Price Hill both physically and spiritually.

You must be the change. Be the bold force that reaches into this community to share the love of



God - a hope that speaks life. Price Hill needs you now. Visit <http://bit.ly/FOCA> Spiving.

## Celebrating Life-changing Sobriety With James



James is celebrating 6 months of sobriety. When he came to the gym he was homeless. With your support, the

gym became a place where James found help. Now he’s ministering and encouraging others.

## Let’s Get Social

### Facebook

FOCAS/Lord’s Gym

### Instagram

focas.lords.gym